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(b) a dietary supplement comprising a grape skin extract and a grape seed extract, wherein the ratio of said grape skin extract to said grape seed extract is between 3 to 1 and 5 to 1, and

(c) a dietary supplement comprising a grape skin extract and a grape seed extract, wherein said grape seed extract comprises at least about 3.5 percent monomeric flavanols, at least about 60 percent oligomeric flavanols, and less than about 35 percent polymeric flavanols.--